

NCSCA Annual Conference 2006
Collateral Damage: Understanding and Helping Families of Addicts and Substance
Abusers

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Addendum

Addictive Family Types

Functional – stable, early phase of addiction; issues social/personal in nature

Interventions: family counseling; education

Neurotic-enmeshed – addiction is symptom of or coping mechanism

Interventions: education; behavioral, structural, psychodynamic counseling

Disintegrated – addict temporarily separated from family

Interventions: individual counseling; family counseling if all willing

Absent – addict permanently separated from family of origin; alternative support system crucial

Interventions: individual counseling; referral to support groups